A WORD FROM THE PRINCIPAL

SMS Message for absent students
This week we have begun a new system to monitor our student absences. If your child is away from school, you will receive a text message asking you to contact the school with the reason why he/she is absent. You can either phone the school, 4933 2655, or reply to the text with the student’s name and an explanation.

This will be recorded in our system and comply with Department of Education policy and procedures. If you do not reply, a letter requesting this information will be posted to you.

Parents and carers have been happy with this way of communicating. If you need more information, or you have a concern please contact the office staff. If will also mean that your mobile contact needs to be accurate.

Year 5 students visit to Maitland High School
As part of our transition to high school program, our Year 5 students will be participating in fun lessons at Maitland. They will be travelling by bus at 1.15pm this week and the next two weeks. Lessons will cover creative arts, applied science and technology and science.

Regional Athletics Carnival
Best wishes to our students participating at Glendale Sports Centre on Friday. Go Foni Pole’o, Noah Nailagoliva, Zac Morgan, Jye Townsend, Zac Fernance, Jasmin Miller and Hayley Griffiths.

Regards
Cathy

THOUGHT FOR THE WEEK
Someday everything will make perfect sense.
So, for now, laugh at the confusion, smile through the tears and keep reminding yourself that everything happens for a reason.

PRINCIPAL’S LUNCH 20.8.15
POSITIVE BEHAVIOUR FOR LEARNING (PBL)

Focus for Week 7 and the Principal’s Lunch is

It is with pleasure we share the following students who received PBL recognition awards last week.

Mrs Christine Attard, Assistant Principal

<table>
<thead>
<tr>
<th>Bright Green Wristband</th>
<th>Dark Green Wristband</th>
<th>Bronze Wings pin</th>
</tr>
</thead>
<tbody>
<tr>
<td>total of 9 High Flyer tokens</td>
<td>total of 27 High Flyer token</td>
<td>total of 54 High Flyer tokens</td>
</tr>
<tr>
<td>Owen Thompson</td>
<td>Hayden Porter</td>
<td></td>
</tr>
<tr>
<td>Brianna Moseley</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Rocky badge                  | Bright Green & white wristband | Dark Green & white wristband |
| total of 90 High Flyer tokens| total of 99 High Flyer tokens  | total of 126 High Flyer tokens |

4N FOYER DISPLAY THIS WEEK
SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>2015 Term 3</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every Week</td>
<td>Break</td>
<td>Breakfast Club every 2nd Monday</td>
<td>School Assembly 1.30pm</td>
<td>Principal's Lunch</td>
<td>Student banking</td>
</tr>
<tr>
<td>Wk 7 Aug 24-28</td>
<td>MLC Debating Competition</td>
<td>School photos</td>
<td>Year 5 to MHS Transition</td>
<td>Hunter Regional Athletics Carnival</td>
<td></td>
</tr>
<tr>
<td>Wk 8 Aug 31-Sept 4</td>
<td>9am P&amp;C wrapping Fathers' Day gifts</td>
<td>ATSI MHS Transition</td>
<td>Year 5 to MHS Transition</td>
<td>Fathers' Day breakfast</td>
<td></td>
</tr>
<tr>
<td>Wk 9 Sept 7 - 11</td>
<td>ATSI MHS Transition</td>
<td>Year 5 MHS Transition</td>
<td>Spelling Bee Regional finals</td>
<td>Fete tomorrow 12-4pm</td>
<td></td>
</tr>
<tr>
<td>Wk 10 Sept 14 - 18</td>
<td>Stage 3 excursion to Dubbo Day 1</td>
<td>Stage 3 excursion day 2</td>
<td>Stage 3 excursion day 3</td>
<td>Last day Term 3</td>
<td></td>
</tr>
</tbody>
</table>

Term 4

Wk 1 Oct 5 - 9

Labour Day Holiday
Metford Neighbourhood Watch Clean Up – Ponds Fun Day

Students and staff return

SCHOOL CANTEEN ROSTER Weeks 7 and 8

<table>
<thead>
<tr>
<th>Wk 7</th>
<th>8.30-12pm</th>
<th>1-2.30pm</th>
<th>27.8.15</th>
<th>28.8.15</th>
</tr>
</thead>
<tbody>
<tr>
<td>24.8.15</td>
<td>Kathy, Bronnie, Tiana</td>
<td>Kathy, Katrina, Bell</td>
<td>Kathy, Hazel, Lisa, Paul</td>
<td>Kathy, Katrina, Tiana, Ball</td>
</tr>
<tr>
<td>25.8.15</td>
<td>Kathy, Bell</td>
<td>Kathy, Paul 1 volunteer needed</td>
<td>Kathy, Tiana, Bella</td>
<td>Kathy, April, Paul</td>
</tr>
<tr>
<td>26.8.15</td>
<td>Kathy, Katrina 1 volunteer needed</td>
<td>Kathy, Paul 1 volunteer needed</td>
<td>Kathy, Tiana, Ball Principal’s Lunch</td>
<td>Kathy, April, Paul 1 volunteer needed</td>
</tr>
</tbody>
</table>

1 volunteer needed

<table>
<thead>
<tr>
<th>Wk 8</th>
<th>8.30-12pm</th>
<th>1-2.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.8.15</td>
<td>Kathy, Bronnie, Tiana</td>
<td>Kathy, Katrina 1 volunteer needed</td>
</tr>
<tr>
<td>1.9.15</td>
<td>Kathy, Bell</td>
<td>Kathy, Paul 1 volunteer needed</td>
</tr>
<tr>
<td>2.9.15</td>
<td>Kathy, Katrina 1 volunteer needed</td>
<td>Kathy, Tiana, Ball Principal’s Lunch 1 volunteer needed</td>
</tr>
<tr>
<td>3.9.15</td>
<td>Kathy, Hazell, Lisa 1 volunteer needed</td>
<td>Kathy, Paul April 1 volunteer needed</td>
</tr>
<tr>
<td>4.9.15</td>
<td>Kathy, Tiana 1 volunteer needed</td>
<td>Kathy, Paul, April</td>
</tr>
</tbody>
</table>

METFORD MUNCHIES
Volunteering at our school canteen is not a chore, it’s easy!
Your duties for the day will be:
* Making simple healthy canteen lunches for our fabulous students and staff
* Meeting students at recess and lunch
* Having a good laugh, lots of fun and a chat
* Make the day even more fun and bring a friend or two
Please contact Kathy on 0450 166 199 or fill in the slip below and send it back to school.
Thank you.

METFORD MUNCHIES
I would love to volunteer to help in the school canteen.
Name ___________________________ Phone: _____________________
Days I am available: ____________________________________________
Hi Everyone.  **Tell Them From Me** is a survey for parents, students and teachers which asks for information that can assist schools with future planning. We would like to gather information from our parents and carers to establish what is working well and what areas may need change or improvement. We are inviting our parents and carers to come along to the school’s computer lab to participate in this online survey which will take around 20 minutes. Feedback is needed by the end of this term and your opinions will directly help with your child’s learning.

If you would rather complete the survey at home you are welcome to do so, however you will need to obtain a user name and password to start the survey. Please let me know if you would like to do this. A username and password is needed to identify that the feedback is for Metford Public School. The survey is anonymous and no personal information is required.

**Can you help us by completing this survey?**

Please meet me at the computer lab (near the canteen) on one of the following days – refreshments will be available.

- **This Friday 28th August** – morning from 9am to 10am
- **Monday 31st August** – morning from 9am to 10am
- **Tuesday 1st September** – afternoon from 2pm to 3pm

**FATHER’S DAY BREAKFAST** – It’s getting closer and will be held Friday 4th September (Week 8). Please return the tear off slip provided if you are attending with your child.

**CLOTHING DONATIONS** are still being accepted all of which will help The Salvation Army at Greenhills. One or two items of children’s or adults clothes or linen will be sincerely appreciated. Thank you.

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**FATHER’S DAY BREAKFAST – Friday 4.9.15**

Father’/carer’s Name: _______________________________________
Child/Children attending:  

_______ Class____

_______ Class____

_______ Class____

Please place ticks ✓ next to the food items you would like to eat.

Sausages .................

Bacon ....................

Eggs ......................
Michael Grose's 15 Favourite Parenting Quotes
Submitted by: Michael Grose 16 July

I'm an avid reader and collector of quotes. I love how a few well-crafted words of wisdom or humour can convey a feeling; invoke reflection; spark some action or just get you thinking.

Great quotes should be shared so that ideas and wisdom spreads. With this thought in mind here are 15 of my favourite parenting quotes that I believe are worth sharing:

1. “Character, like good soup, is made at home.” Unknown
2. “A mother is not a person to lean on, but a person to make leaning unnecessary.” Dorothy Canfield Fisher
3. “Correction does much, but encouragement does more.” Goethe
4. “In practice to love people equally you have to treat them differently. Any wise parent knows this.” Tim Costello
5. “Just do as we say Dad and no one will get hurt.” Two daughters to their father
6. “A father is someone who plays with you even though he has someone his own age to play with.” Six-year-old boy
7. “One of the reasons that parents should look like they are having fun is to give kids a reason to grow up.” Patch Adams
8. “Never do regularly for a child the things they can do for him or herself.” Maurice Balson
9. “Children are a small percentage of the population but 100% of our future.” Unknown
10. “There must be many fathers around the country who have experienced the cruellest, most crushing rejection of all: their children have ended up supporting the wrong team.” Nick Hornby
11. “Children need love especially when they don’t deserve it.” Harold S. Hulbert
12. “Mothers always know.” Oprah Winfrey
13. “Becoming responsible adults is no longer a matter of whether children hang up their pyjamas or put dirty towels in the hamper, but whether they care about themselves and others- and whether they see chores as related to how we treat the planet.” Eda Lesban
14. “All women become like their mothers. That is their tragedy. No man does. That’s his.” Oscar Wilde
15. “Children seldom misquote you. In fact, they usually repeat word for word what you shouldn’t have said.” Unknown

So what’s your favourite parenting quote? Which of these rang true for you? Which parenting quote should be on this list?
**P & C NEWS**

**FATHER’S DAY STALL** – Will be held on Thursday 3rd September. Gifts will be from $2 to $10. Remember to bring your money on that day so your child can buy Dad something special for Father’s Day.

**DONATIONS are NEEDED** for the Father’s Day Stall please. Suggestions for gifts could be mugs, photo frames, car cleaning items etc. Thank you.

**PREMIER’S READING CHALLENGE**
Premier’s Reading Challenge has now closed. Congratulations to those students who completed it. Parents of students in K-2 please check your child’s bag for a blue note which must be returned to Mrs Wright by 3pm Wednesday 26th August, if you do NOT wish your child to be registered and have their name published on the honour roll. Students in Year 3-6 please hand in your completed reading logs to Mrs Wright to ensure they are validated.

**STOCKLAND STAR COMPETITION**
Thank you to those people who have voted for our wonderful star at Greenhills. There is still time to vote but be quick as voting closes on the 30th August. Remember to register at the customer service desk in order to receive your registration number. Whenever you spend $10, or more, at any of the speciality stores at Greenhills, ask for a voting slip, fill it in and when you return it to the customer service desk you will be placed in the draw to win $3000! With Christmas only 17 weeks away that win would be very handy. Good luck

**BOOK WEEK**
As part of our book week celebrations we will be holding a book parade Friday 4th September at 9:30 after the Father’s Day breakfast. It would be wonderful to see our dads stay to watch this wonderful event. Students are encouraged to dress as a book character; this could be in a costume, hat, mask or even a sandwich board! There will also be a special celebration to mark the 150th birthday of the novel Alice in Wonderland.

**A ‘HAT’ CHALLENGE FOR YOU FOR THE FETE**
Attention all budding milliners to get out your designing caps to create a hat, fit for a competition! Design and create a hat fit for a Mad Hatter’s Tea Party. Entries can be made from any medium. $2 entry fee for your chance to win 10 specially crafted handmade Christmas cards which you can have personalised. Watch out for posters displaying card options.
**Fete**

Saturday 12th September 12noon-4pm

Metford Public School Fete is fast approaching and we need you. We need people, families and friends to volunteer their time to ensure a successful day. If you could spend an hour or two of your time please indicate below.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am</td>
<td>Chair setup</td>
</tr>
<tr>
<td>10am</td>
<td>Biscuit baking prior to 5pm sales</td>
</tr>
<tr>
<td>11am</td>
<td>Raffle tickets sales (before 5pm)</td>
</tr>
<tr>
<td>12pm</td>
<td>Grills ready to go (please indicate below)</td>
</tr>
<tr>
<td>1pm</td>
<td>Sensory materials sales</td>
</tr>
<tr>
<td>2pm</td>
<td>Snack sales</td>
</tr>
<tr>
<td>3pm</td>
<td>Tea party, bday cake sales</td>
</tr>
<tr>
<td>4pm</td>
<td>Clean up and pack up</td>
</tr>
</tbody>
</table>

Do you have any special skills or preferences (there are some examples),

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Contact number

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Name

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*Metford Public School Fete*
MINI SOCCEROO DAY

Two weeks ago Stage 2 students went to a mini soccer roo day. It was a fun packed day. Metford took three girls teams and one boys’ team. All teams did their best and showed sportsmanship throughout the whole day. I enjoyed seeing the students laughing and enjoying the day as many have never played soccer before. I would like to say a huge thank you to Maitland junior soccer club (home of the Magpies) who gave our students free shin pads and then donated more for the school kit. This was done out of the kindness of their hearts.

I would like to thank the students for an amazing day because of their sportsmanship and fun attitude.

Mr. Bruce