Rocky's Weekly Wrap Up

HELLO METFORD!

It’s Rocky here, your favourite feathered school mascot and I’m back to keep you in the loop about the Monster Primary School Play. The children and I have been working hard rehearsing our lines and performing in all of the scenes. With all of this acting I think I'm good enough for Home and Away... I still need some practice to be as good as the kids in the concert though.

Do you like badges? Do you like monsters? Our first monster badge is for sale this Thursday at Rocky point station for just $2 each. I wonder which monster will be first?

Parents, family members, brothers, sisters, come one, come all to our most anticipated weekly assembly yet. The slime containers have left rocky point station, the money has been weighed and counted and we have two teachers to be slimed LIVE at our Wednesday assembly. Be there!

Before I go I need your help! My friend lost his body! Monster Maker (finish the monster drawing) competition runs this week. For just 50c an entry and a lot of fun. Entries need to be in by Friday to Mrs Pilgrim or Mr Petersen. Stage winners will be announced at our week 5 assembly.
EDUCATION WEEK OPEN DAY
This was a great day for our families to share with their children.
This term 6M are learning about space and the first moon landing. We are working very hard writing information reports about both of these. Busily practising for the spelling bee and rehearsing for our school musical. We are also learning about the Cartesian plane so we will be ready for High School. We have been filling out surveys with what we are excited about at High School. This term we have an intern Mrs Hunter working with us as well.
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<th>Monday</th>
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<td><strong>Term 3</strong></td>
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<tr>
<td><strong>Every week</strong></td>
<td>Breakfast club volunteers needed to run</td>
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<td>Principal's Lunch</td>
<td>Student banking</td>
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<td><strong>Week 4</strong></td>
<td>All week – finish monster drawing competition 50c</td>
<td>Stage 1 Public Speaking</td>
<td>MPS Leader’s Breakfast at Maitland Senior Citizens Centre 8-9.30am</td>
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<td><strong>Aug 4 - 8</strong></td>
<td>Early Stage 1 Public Speaking</td>
<td>2pm Canteen meeting</td>
<td>Badge 1 ‘Rocky’ on sale $1’</td>
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<td>Spelling Bee this week</td>
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<td>‘Slime the Teacher’ at assembly</td>
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<td><strong>Week 5</strong></td>
<td>Day Support meeting 9am in demountable</td>
<td>Badge 2 ‘Cooky’ on sale $1</td>
<td>Winner announced for monster drawing competition at assembly</td>
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<td><strong>Aug 11-15</strong></td>
<td>P&amp;C Meeting 6pm</td>
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<td><strong>Week 6</strong></td>
<td>All week ‘Guess the Teacher’ photo at Rocky point station $1</td>
<td>Mobile Dental Clinic Assembly visit</td>
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<td><strong>Aug 18-22</strong></td>
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<td><strong>Week 7</strong></td>
<td>Book Week</td>
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<td>MHS Yr5 visit</td>
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<td><strong>Aug 25-29</strong></td>
<td>Debating competition Y5 and Y6 heats</td>
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<td>P &amp; C fundraiser at Greenhills McDonalds Drive Thru 6-7pm</td>
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<td><strong>Week 8</strong></td>
<td>Father’s Day stall gift wrapping 9am</td>
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<td><strong>Sept 1-5</strong></td>
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<td>MHS Yr5 visit</td>
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<td>Badge 3 ‘Flynn’ on sale $1</td>
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<td>‘Joke telling competition at assembly 50c’</td>
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<td><strong>Week 9</strong></td>
<td>Father’s Day stall gift wrapping 9am</td>
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<td><strong>Sept 8-12</strong></td>
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<td><strong>Week 10</strong></td>
<td>Concert dress rehearsal</td>
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<td><strong>Sept 15-19</strong></td>
<td>Concert Matinee and Evening</td>
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PUPS PROGRAM

The Metford Public School PUPS (Popping up to Primary School) program is a transition/orientation program to support children starting kindergarten. The program is for students the year before they begin school and operates on Wednesdays 9:00 - 11:00am at Metford Public School.

The program is staffed by qualified teachers and is an important part of the school’s Early Childhood Program. The program aims to support children in school readiness to ensure students are well prepared to learning when they begin Kindergarten.

Details are included in the PUPS flyer at right. Please contact the school for more details.

FATHER’S DAY

The P&C are seeking donations for gifts for our Father’s Day stall, which will be held on 5th September, the same day as the Father’s Day breakfast.

We would appreciate your help with suitable donations for this special day that your child would love to purchase.
COMMUNITY LIAISON OFFICER’S NEWS

Hi Everyone. Our Education Week Open Day last Wednesday was a wonderful celebration and was an opportunity for families to visit their child’s classroom after sharing a picnic lunch. There were many activities in action involving Mum’s, Dad’s Grandparents and carers some of whom were part of story writing, designing a poster, making balloon pigs, learning how to do a PowerPoint presentation, reading stories together plus much more. The Assembly was a celebration of sporting success for many of our students which followed an inspirational story of hard work by our special guest speaker Rhali Dobson. We thank Rhali for joining us and sharing her successful career so far including representing Australia in the women’s soccer team The Matilda’s, and is now currently playing in the Jets Women’s A Team. Congratulations to Rhali and to our student Sports Awards recipients.

BREAKFAST CLUB - NEEDS HELP. We are in need of a kind volunteer to help us out on either Monday or Wednesday please. All that is required is preparing some fruit and making toast all of which will take around 40 minutes on those mornings. This program is loved by our students so if you can give us a hand please leave your contact details at the office.

PARENT WORKSHOPS - Another example of our community supporting our school is an offer by Maitland Family Support Scheme to run one of their popular parent workshops here. To assist us in selecting a workshop that suits our parents’ needs please indicate on the expression of interest form which workshop/s you would like to attend here at our school. If a course is selected it may run either in Term 4 or Term 1 in 2015. Feel free to contact me if you would like more information.

123 Magic Parenting – This course explores how parents/carers can build better relationships with their children and manage difficult behaviours. Easy to learn method of disciplining children 2-12 years, by encouraging good behaviour without arguing or yelling.

Triple P – Positive Parenting Program gives parents simple and practical strategies to help them confidently manage their children’s behaviour, developing and building strong healthy relationships.

Keeping Children Safe – Do you want to protect children and young people? A program for parents and community members with topics including abuse & neglect, the effect on children, preventing abuse & neglect, protective behaviours.

Bringing Up Great Kids – This program uses mindfulness reflection to support parents to review and enhance patterns of communication with their children, to promote more respectful interactions and encourage the development of children’s positive self-identity. Identify and address sources of unhelpful or hurtful attitudes held by parents. It works to establish new relationship context for children and their parents through facilitating opportunities for positive exchanges. Have a great week, Katherine Barr.

METFORD PUBLIC SCHOOL

EXPRESSION OF INTEREST – PARENT WORKSHOPS

Please tick the courses you are interested in attending and indicate times that may be suitable.

NAME: ........................................................................................................
CONTACT NUMBER: .............................................................................

□ 123 Magic Parenting
□ Triple P Parenting
□ Keeping Children Safe
□ Bringing Up Great Kids

□ I am interested in attending a one day course only (eg: 10am – 2pm)
□ I am interested in attending a two day course (eg: Mon/Tues etc)
□ I am interested in attending a three day course
□ Comments................................................................................................
Road safety around your child’s school
Your child’s safety depends on you

Drop off and pick up by car
Make sure your children are in an appropriate child car seat that is fitted and used correctly.
Stick to the 40km/h speed limit in a school zone as children are about.
Look for buses pulling out – watch for flashing wig wag lights.
Always park and turn legally around schools.
Avoid dangerous manoeuvres such as U-turns and three-point turns.
Always give way to pedestrians particularly when entering and leaving driveways.
Drop your children off and pick them up on the school side of the road in your school’s designated drop off and pick up area. Calling out to them from across the road is dangerous – they may run to you without checking for traffic.
It’s safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

Walking together to and from school
Plan your trip to school so you use pedestrian crossings where possible.
Always hold your child’s hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
Drop off and pick up your child near the school gate and avoid calling them from across the road.
Talk with your children about Stop, Look, Listen and Think every time they cross the road.
STOP! one step back from the kerb.
LOOK! for traffic to your right left and right again.
LISTEN! for the sounds of approaching traffic.
THINK! whether it is safe to cross.
Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.

Did you know your child is learning about road safety at school?