A WORD FROM THE PRINCIPAL

Welcome back to all our returning families and welcome to our new families. We hope you have had a great holiday and been able to spend some wonderful experiences, no matter how big or small, with your child or children.

We welcome back Miss Freund, who is now very happily married. Miss Freund will retain her name for the duration of this year.

I wish to let you know that Mrs Henry has decided to retire, beginning this term. I wish to acknowledge her commitment to ensuring that all the students in her care were provided with opportunities to be the best people they could be, while she was an educator at Metford Public School. We wish her all the very best for a wonderful retirement, playing with grandchildren and playing the building house game. We will hold a special celebration of her time here at Metford in the near future.

This term will be another busy one, particularly as it is only 9 weeks in length. A lot to do in a short amount of time but we are ready for it. There are sporting activities happening with sport team coaching commitments with PSSA and interschool competitions, Maitland Learning Community gala days and our athletics carnival, debating, Stage 3 excursion to Canberra and Mother’s Day celebrations. Of course, learning has the number 1 priority and we are ready for some exciting subjects to be taught in an engaging and interesting manner to, and with, our students.

I am looking forward to working with you all to make this term an exciting one for your family, working in partnership with you to ensure that your child/children are active learners, preparing for their future.

Regards
Cathy
STUDENT BANKING
Student banking will begin again this Friday.

😊 Mothers’ Day is at the end of next week (Week 2 - 11th May). There will be a Mothers’ Day stall for our students to purchase gifts on Friday 9th May. Any donations will be gratefully received at the office up until the second week of next term. Please help if you can. A huge thank you to the many families who have already donated wonderful gifts for us to use.
OUR EASTER HAT PARADE 2014 WAS THE BEST EVER
Hi Everyone and welcome back to Term 2. We are looking forward to another busy term which will include loads of learning and activities for our students. This Wednesday we are having our ANZAC assembly in the hall from 1.30pm and all parents and carers are invited to attend.

**TAFE COMPUTERS** - Starts back this Friday 3rd May at 9am in the computer lab.

**BREAKFAST CLUB** – This important program is providing our students with cereal, fruit and toast 3 mornings per week, and the children love it! We really need more help from our parents, grandparents and carers. If you could please volunteer a small amount of time on either Monday, Tuesday or Wednesday mornings from around 8.15am to 9am this would greatly help keep this program running for our students. We thank the parents who are helping out already and a few extra hands would assist them greatly. If we are not able to find extra help, we’ll be unable to keep Breakfast Club going. Call into the office and let us know if you can help. Thank you!

**MOTHER’S DAY** - We all know this special day is coming up and to celebrate the amazing work of all Mothers, Grandmothers, Aunts and important mother figures we are hosting an Afternoon Tea on Wednesday 7th May. Please join us in the Hall at 1pm to have your photo taken with your children, joining us for the Assembly at 1.30pm followed by cake and refreshments. Invitations are coming home in the next day or so. Please advise us if you are attending.

**123 MAGIC** - This wonderful program which helps parents and carers build better relationships and manage difficult behaviours will be running at Tenambit Public School starting Friday 16th May (Week 3). It will run for 4 Friday’s finishing on 6th June and will be held in the school Library starting at 9.15am – 12pm with morning tea provided. If you are interested in attending please contact Tenambit Public School on 4933 7196.

Have a great week. Katherine Barr.

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**METFORD MUNCHIES NEWSLETTER**

**Canteen Roster Term 2 Week 1**

<table>
<thead>
<tr>
<th>Term 2</th>
<th>Wk 1</th>
<th>28.4</th>
<th>29.4</th>
<th>30.4</th>
<th>1.5</th>
<th>2.5</th>
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<tbody>
<tr>
<td>8.30 – 12pm</td>
<td>Staff Development Day</td>
<td>Kathy Grant Tamika</td>
<td>Kathy, Lynette Megan, Brooke Anzac Service</td>
<td>Kathy, Manda Katrina, Mel S Tamika, Lahra Tiana</td>
<td>Kathy April Paul Hazel</td>
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<tr>
<td>1-2pm</td>
<td>Kathy Grant</td>
<td>Kathy, Lynette Megan, Brooke</td>
<td>Kathy Manda</td>
<td>Kathy April Paul</td>
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<tr>
<td>Wk 2</td>
<td>5.5</td>
<td>6.5</td>
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<tr>
<td>8.30-12pm</td>
<td>Kathy, Melissa Sam Tamika</td>
<td>Kathy, Grant Tamika</td>
<td>Kathy, Mega, Paul, Brooke, Lynette</td>
<td>Kathy, Manda, Katrina, Mel S, Tamika, Lahra Principals Lunch</td>
<td>Kathy, Hazel, April, Paul, Angie</td>
<td></td>
</tr>
<tr>
<td>1-2pm</td>
<td>Kathy Volunteer needed Grant</td>
<td>Kathy Paul</td>
<td>Kathy Mel S</td>
<td>Kathy April Paul</td>
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2013-2014 Family Energy Rebate

$125* TOWARDS ENERGY BILLS

DON’T MISS THE DEADLINE!
Apply before 5pm
Friday 13 June 2014

WHAT IS THE FAMILY ENERGY REBATE?
The Family Energy Rebate helps to cover the costs of energy bills for NSW households with dependent children. In 2013 – 2014 the rebate gives:

• A $125 credit against electricity bills for eligible applicants who receive electricity from an electricity retailer.

• A $137.50 direct payment to nominated bank accounts for eligible applicants who live in a caravan or mobile home park and receive electricity from the park operator.

AM I ELIGIBLE FOR THE FAMILY ENERGY REBATE?
To be eligible you MUST:

• Be eligible for Family Tax Benefit A or B during 2012-2013 and have received a relevant payment; and

• Be the primary account holder of an electricity retailer, OR a long-term resident of a caravan or mobile park home, whose name appears on the electricity bills supplied by the park operator.

YOU CHOOSE HOW YOU WANT TO APPLY FOR THE FAMILY ENERGY REBATE

• ONLINE – it takes a few minutes to submit and processing starts immediately.

• PAPER – download a form from the website, complete and submit by email, fax or post.

FOR MORE INFORMATION & ASSISTANCE
PHONE Service NSW 13 77 88
EMAIL fer.program@trade.nsw.gov.au
# Metford Munchies - Winter Menu - From 28th April 2014

## Homemade hot food
- Lasagna $4.00
- Nachos $4.00
- Shepherd’s Pie $4.00
- Spaghetti Bol. $4.00
- Roast beef roll & gravy $3.50

## Hot Food
- Pies large $2.80
- Potato $3.20
- party pie $1.60
- Sausage roll $2.40
- Chicken Fingers $0.40 each
- Noodles $2.50
- Cheese Burger $3.00
- Chicken Burgers-
  - Lettuce & mayo $3.20
  - Salad $4.00
- Chicken finger wrap $3.20
- Pizzas-
  - Ham & pineapple or
  - Ham & Cheese $2.50
- Garlic Bread $0.80

## Sandwiches & Wraps
- Vegemite $1.50
- Cheese $1.50
- Tomato $1.50
- Egg $2.00
- Salad $3.50
- Ham $2.50
- Ham & salad $4.00
- Extras $0.50 each
- 2 slices of bread $0.50
- Bread roll $0.50 extra
- Toasted $0.20 extra

## Salad Boxes
- small $4.00
- large $5.00
- Lettuce, cheese, cucumber, Tomato, Beetroot, Pineapple, carrot, Boiled egg.
- Small side salad-
  - cheese, tomato & lettuce $2.00

## Drinks
- Milk light 300ml-
  - Chocolate, Strawberry, Banana $1.50
- Juice-
  - Apple, Orange, Apple & Blackcurrant $1.50
- Sparkling water-
  - Lemon, strawberry, watermelon, grape $1.50
- Iced Tea $1.50 Water $1.20
- Milo $1.00

## Snacks
- Seasonal Fruit $0.50
- Cheese & bacon roll $1.40
- Choc Chip Muffin $1.40
- Finger bun $1.40
- Chips-Honey soy
- JJ’s - chicken, pizza,
- S&W $1.00
- Popcorn- small $0.20
  - large $0.80
- Milky Pops-
  - Rainbow, Banana, Chocolate $1.00
- Frozen juice cup-
  - Apple Mango, Apple Blackcurrant, Tropical $0.50
- Bombs-
  - Chocolate, Banana, Strawberry, Tropical, Apple/blackcurrant, Apple/mango $0.20

## Sauce
- Tomato, BBQ, $0.30