A WORD FROM THE PRINCIPAL

Swimming has been very successful this week, with 140 students participating. It is great that we are able to provide support for our families to enable their children to be safer in the water and to correct their swimming strokes. Year ones can’t wait to go next year!

Our classes are practicing for their items at Carols Under the Cola on Friday evening. This is a wonderful opportunity for us to be together as a community to celebrate the Christmas period. Everyone is welcome to attend and enjoy the fun of seeing our Metford children perform as well as be surprised. Of course an evening like this just ‘doesn’t happen’. Our P and C have been working hard to make sure that the evening is successful. Please offer any assistance to lighten the load and help our community organisation.

Semester two student reports will be distributed next week. We are very proud of the achievements our students have made this year. They have worked hard to be the best learners they can be and our teachers have done a great job bringing out the best in them.

With two weeks of student learning to go, don’t forget that the expectation is that all students will attend school until Wednesday 17th December 2014. If your child/children are going to be absent please give a written or verbal notification to the classroom teacher or our office staff.

Regards Cathy

THOUGHT OF THE WEEK

“Give to the world, the best you have and The best will come back to you.”
Ella Wheeler Wilcox

PRINCIPAL’S LUNCH 27.11.14
NEWS FLASH ELF ON THE SHELF
Exciting news Santa has sent MPS our very own Scout Elf after reading the persuasive letters our students wrote requesting one. The Scout Elf arrived on Friday during a whole School assembly. The roar of excitement must have been heard at the North Pole. Before his magic starts to work he needs to be named, so each class went quickly to work thinking of names eventually ‘Buddy’ was chosen. So far Buddy has caused mayhem in the office climbing all over the Christmas tree.
What will he get up to next? Students have been writing him notes, drawing him pictures and asking some serious questions about life as an Elf, then posting them in the special mail box in the library by the Elf door. Look out for him each day to follow his adventures at our school.

COMMUNITY LIAISON OFFICER’S NEWS
Hi Everyone. To ensure everyone had an opportunity to provide feedback for Metford Public Schools’ planning for 2015-2017 and also for the uniform, online links were created. If you haven’t already done so and still wish to provide feedback please follow these links. For school planning feedback go to http://bit.ly/mpssurvey. For uniform feedback go to http://bit.ly/mpsuniform or you can call into the office and complete a feedback form. Thank you to everyone who has accessed these links to provide their feedback and these links will remain open until this Friday.

BREAKFAST CLUB – The last week for breakfast club will be next week (Week 10). This program is a favourite with our students and we hope to continue in 2015. We greatly appreciate the help received throughout this year by Grant McGinty, Kathy Gillies, Tina Thomas, Josephine Thompson, Megan Christie, Anissa Tuatara and Brooke Cordingley. Thank you. We also extend a huge thank you to Dr George Patience of Greenhills Dental who has supported this program in 2014 so we can purchase food. Please consider lending a hand in 2015 so we can keep this wonderful program running.

VOLUNTEERS MORNING TEA – Metford Public School would like to thank all our 2014 volunteers by hosting a morning tea on Friday 12th December. Invitations will go home this week.
Have a great week!

Katherine Barr
### METFORD MUNCHIES NEWSLETTER  Canteen Roster Term 4 Week 9 & 10

<table>
<thead>
<tr>
<th>2014 Term 4</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>Every week</strong></td>
<td>Breakfast club volunteers needed to run</td>
<td>Breakfast club</td>
<td>Breakfast club</td>
<td>Principal's Lunch</td>
<td>11.30-12pm Drumbeats</td>
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<td><strong>Week 9 Dec 1-Dec 5</strong></td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
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<td></td>
<td>Year 6 Farewell</td>
<td>Swimming Scheme</td>
<td>2015 Kinder Transition 9-11am</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
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<td>Year 7 MHS Orientation Day</td>
<td>Carols Under the COLA</td>
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<td><strong>Week 10 Dec 8-12</strong></td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
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<td></td>
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<td></td>
<td>2015 Kinder Transition 9-11am</td>
<td>Swimming Scheme</td>
<td>Volunteers morning tea</td>
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<td>Year 6 Farewell</td>
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<td><strong>Week 11 Dec 15-19</strong></td>
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<td>Staff Development Day</td>
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<td></td>
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<td>Last day for students</td>
<td>Staff Development Day</td>
<td>Staff Development Day</td>
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<td>Students Y1-Y6 resume Wednesday 28.1.15</td>
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<tr>
<td>2015 Term 1 Week 1</td>
<td>Australia Day</td>
<td>Staff Development Day</td>
<td>Y1 – Y6 student</td>
<td>Kinder boys</td>
<td>Kinder girls begin school</td>
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<td></td>
<td></td>
<td></td>
<td>start school</td>
<td>begin school</td>
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### SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>2015 Term 1 Week 1</th>
<th>1.12</th>
<th>2.12</th>
<th>3.12</th>
<th>4.12</th>
<th>5.12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wk 9 8.30-12pm</td>
<td>Kathy, Lisa, Kara 1 volunteer needed</td>
<td>Kathy, Grant, Katrina, Lahra</td>
<td>Kathy, Lynette, Paul 1 Volunteer needed</td>
<td>Kathy, Mel, Tiana, Katrina, Lahra</td>
<td>Kathy, April, Hazel, Lisa</td>
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<td>1-2.30pm</td>
<td>Kathy, Lisa, Kara, Jo</td>
<td>Kathy, Grant, Lahra</td>
<td>Kathy, Grant 1 Volunteer needed</td>
<td>Kathy, Mel, Lahra Tiana, Katrina Principal’s Lunch</td>
<td>Kathy, April, Paul</td>
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<td>Wk 10 8.12</td>
<td>Kathy, Lisa, Kara, Kerry</td>
<td>Kathy, Grant, Katrina, Lahra</td>
<td>Kathy, Lynette, Hazel 1 Volunteer needed</td>
<td>Kathy, Lahra, Tiana, Katrina, Mel Principal’s Lunch</td>
<td>Kathy, April, Hazel, Angie</td>
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<td>9.12</td>
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<td>8.30-12pm</td>
<td>Kathy, Lisa, Kara, Kerry</td>
<td>Kathy, Grant, Katrina, Lahra</td>
<td>Kathy, Lynette, Hazel 1 Volunteer needed</td>
<td>Kathy, Lahra, Tiana, Katrina, Mel Principal’s Lunch</td>
<td>Kathy, April, Hazel, Angie</td>
</tr>
<tr>
<td>1-2.30pm</td>
<td>Kathy, Kara, Lisa</td>
<td>Kathy, Grant, Lahra Volunteers needed Y6 Farewell</td>
<td>Kathy, Paul 1 Volunteer needed</td>
<td>Kathy, Mel, Lahra/Tiana</td>
<td>Kathy, April, Paul</td>
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</tbody>
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YEAR 6 FAREWELL
Just a reminder to our Year 5 and Year 6 students who are wishing to attend the farewell, that a $22 payment is now due, and the last day to pay will be 5th December, (Friday Week 9).

P & C DAY SUPPORT
The Day Support will be meeting in the school hall on Wednesday 3rd December and Friday 5th December to put together the Christmas hampers, which will be drawn at Carols Under the COLA. We will be making the preparations for the Carols Under the COLA evening, as well as discussing the team jersey design.
Please sms/call Anissa Tuatara if you can help 0403 407 242.

P & C NEEDS YOU at CAROLS UNDER THE COLA – this Friday 5th December
We are looking for sausage sizzle and steak specialists to cook the BBQ at the Carols Under the COLA.
We also need volunteers for serving and raffle sales etc on the night.
We don't expect to have you stuck at a table all night but we would really appreciate it if you could give us a hand for 1/2 hour or so.
If this is you, please leave your name & contact details at the office or sms Anissa Tuatara on 0403407242. Thank you in advance for your support!
Good for Kids good for life

Fundamental Movement Skills

Below is some fun activity that you can enjoy with your children:

- Encouraging them to play in backyards, dance to music, run around the playground, or garden more
- As a high school, chias to crawl under the trampoline to run around
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- As a high school, chias to crawl under the trampoline to run around

Relevant Cutlery: ball, shoe, and a ball glove suitable for 10 minutes. There will be a quick
mechanismized ball at the wall underarm and try to catch the ball with two hands.

Below is some fun activity that you can enjoy with your children:

- Encouraging them to play in backyards, dance to music, run around the playground, or garden more
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We all know how important it is for children's health, growth and development to be physically active and have a balanced diet. But with increasing technology in our lives, and so much variety and advertisements for unhealthy foods, this can sometimes be a real challenge!

Are you looking for ways for your kids to:

- Increase activity levels
- Learn more about healthy balanced diets
- Reduce screen time
- Learn self-esteem and confidence
- Make new friends
- Find time and learn self-esteem and confidence
- Reduce screen time
- Learn self-esteem and confidence
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- Find time and learn self-esteem and confidence
- Reduce screen time
- Learn self-esteem and confidence
- Make new friends
- Find time and learn self-esteem and confidence

G04Fun is a FREE healthy lifestyle program for families with children aged 7-13. For more information and to register for programs, visit the G04Fun website at www.go4fun.com.au or call 1800 763 960.

DON'T MISS OUT! REGISTER NOW!
MINDARIBBA CELEBRATES 30TH ANNIVERSARY
Metford Aboriginal Dance group were invited by the Mindaribba Local Land Council to celebrate their 30th year anniversary. All students showed pride, commitment and respect to both the Aboriginal culture and Metford Public School. Our students opened the dancing, followed by ex-students now at Maitland High with Kindergarten student, Thomas Miller led by Joey Griffiths and other local dancers. It was lovely to be part of such a meaningful community event that celebrated local Aboriginal culture. We were overwhelmingly proud to be part of it.

Miss King, Miss Derwent and Miss Power.