A WORD FROM THE PRINCIPAL
This Wednesday from 9am to 11am we will be holding our Kindergarten Expo in our Hall. We are excited about showing our 2015 parents and carers what Metford Public School is all about. Instead of having a talk fest, there will be tables with school information, programs and activities which will show what we do at our school. Parents and carers can move through the hall and take note of what interests them and ask questions to gain more information or clarify any thoughts they have. This was successful last year and we have added more information this year that we think will make our morning even better. There will be student performances and also a special visit from Rocky. Come and take a peek if you want to!

SOME REMINDERS:
Please note that if children or adults are in our school grounds before teacher supervision begins at 8:35am, then everyone must be at the NOLA, the undercover area near the Kindergarten, Year 1 and Year 2 rooms. This is important for Work Health and Safety reasons. Your co-operation in ensuring that this is adhered to is appreciated. When the bell goes, moving down to the canteen and primary classroom areas is permitted.

Sun Safety has been a focus in our classrooms this term, particularly the wearing of hats. We have seen an improvement in the number of students wearing their school hat for outside activities. Thank you for assisting us to make sure that students are as protected as possible. Please continue to make sure that your children have a green school hat in their school bag every day or have access to one in their classroom.

Scooters and bikes are NOT to be ridden in school grounds for safety reasons.

All people walking into our school must use the top or bottom walking gates. Car parks are unsafe for children and adults to walk through at any time of the day.

SCHOOL ATTENDANCE:
Please ensure that if your child/children are absent from school that you let us know the reason for the absence. All absences are recorded and monitored by DEC staff for the number of days absent and also the notifications of absences.

We are instigating an attendance reward for those students whose attendance is high. This is being sponsored by The Good Guys. We sincerely thank them for their support of our great school and look forward to announcing last term’s winner at an assembly soon.

Regards

Cathy

PRINCIPAL’S LUNCH 16.10.14

5/6S FOYER DISPLAY

THOUGHT OF THE WEEK
“Listen to all those who talk from the heart, for your heart needs food too.”
Hi Everyone. This week some of our families will be involved in Transition programs, which are happening this Wednesday 22nd October. Parents and carers who have children starting Kindergarten in 2015 are invited to attend our Kinder Expo, which is being held in the Hall from 9am-11am. This is an opportunity to see the quality learning that is happening here at Metford Public School.

Also on Wednesday families who have children starting Year 7 in 2015 are invited to an Information Evening at Maitland High School at 6pm.

We are still asking for help for Breakfast Club on Monday’s or Wednesday please. If you can commit the time from 8.25am to 9am we would greatly appreciate your help. Our students really enjoy having this program available to them 3 days a week and are definitely better off by having access to it. Please help!

MAITLAND FAMILY SUPPORT – Are running “Play Well and Live Well With Kids” for 3 Friday’s commencing 21st November from 10am-12pm at the Woodberry Family Centre. This program will look at the importance of “play”, raising emotionally intelligent children, mindfulness and self care. If you are interested please contact Maitland Family Support on 4914 0444.

Have a safe week.
Katherine Barr
SPORTS REPORT

Cricket
Both girls and boys cricket teams have been training 2-3 times per week and both Mr Bruce and myself are very happy with student’s commitment and enthusiasm towards cricket, especially when training with 6 stitchers! Mr Bruce and I are in talks with other schools to organise cricket games later this term.

Rugby League
The NRL will be coming to our school to run coaching clinics on Monday 3rd of November, Monday 10th of November and Monday 17th November. The clinics will run all day and each class will spend 30minutes learning skills and drills endorsed by the NRL. K-2 will be in the morning and years 3-6 in the afternoon.

Touch Football
The junior representative trials for Maitland touch football were held on Sunday 19th October. Metford had 2 successful students in these trials. Kyana Patten made it into the under 12’s girls rep side, and Maia Tuatara made it into the under 10’s side. Well done to both girls on this outstanding achievement.

Athletics
On Tuesday 14th October, Noah Nailagoliva represented our school in the State Athletics carnival held in Sydney. Noah competed in the 100m final against 29 other students from all across NSW. From the 30 students, Noah did exceptionally well, placing 8th. Noah is to be congratulated for his hard work, dedication and training in the weeks leading up to the event. Noah has had an exceptional year in several sporting events this year and has always represented our school in an outstanding manner. Congratulations Noah!

Swimming
That time of year is almost upon us once again! Swimming Scheme will begin on Monday the 1st of December. We encourage all students from years 2-6 to make the event as successful as it has been in previous years. Students will learn vital water safety procedures, and will further enhance their swimming strokes. The cost for all 10 days is $28.00 to cover the cost of the Beresfield pool entry. The cost of both the swimming instructors and the bus will be provided by Metford Public School. Please make sure all notes are returned to the office by Friday 21st November.

Keep up the great work MPS,
Mr West.

METFORD MUNCHIES NEWSLETTER  Canteen Roster Term 4 Week 3 & 4

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<tr>
<th>T4 Wk 3</th>
<th>20.10</th>
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<td>8.30-12pm</td>
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<td>Kathy, Grant, Katrina</td>
<td>Kathy, Lynette, Paul</td>
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<td><em>Principal's Lunch</em></td>
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<td>Kathy, Mel, Lahra/Tiana</td>
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<td>8.30-12pm</td>
<td>Kathy, Lahra, Kara, Kerry</td>
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# SCHOOL CALENDAR

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<tr>
<th>2014 Term 4</th>
<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
<th>Friday</th>
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<tr>
<td>Every week</td>
<td>Breakfast club volunteers needed to run</td>
<td>Breakfast club</td>
<td>Breakfast club</td>
<td>Principal's Lunch</td>
<td>Student banking</td>
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<tr>
<td>Week 3</td>
<td>9.15 Morning Tea for parents &amp; Carers in demountable</td>
<td>11.30-12pm Drumbeats</td>
<td>Kinder Expo in hall 9-11am</td>
<td>PUPS 9-11am</td>
<td>Tafe course</td>
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<td>Week 4</td>
<td>PUPS 9-11am</td>
<td>PUPS 9-11am</td>
<td>Musica Viva Performance 9am &amp; 10am</td>
<td>P &amp; C Halloween Disco</td>
<td>Tafe course Daniel Morecombe Day – Parliament fundraiser</td>
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<td>Week 5</td>
<td>PUPS 9-11am</td>
<td>Mobile Dental Clinic</td>
<td>PUPS 9-11am</td>
<td>Musica Viva Performance 9am &amp; 10am</td>
<td>Tafe course</td>
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<td>Week 6</td>
<td>Mobile Dental Clinic</td>
<td>Mobile Dental Clinic</td>
<td>PUPS 9-11am</td>
<td>Tafe course</td>
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<td>Week 7</td>
<td>PUPS 9-11am</td>
<td>Mobile Dental Clinic</td>
<td>PUPS 9-11am</td>
<td>Tafe course</td>
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<td>Week 8</td>
<td>Presentation Assembly</td>
<td>PUPS 9-11am</td>
<td>PUPS 9-11am</td>
<td>Tafe course</td>
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<td>Week 9</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
<td>PUPS 9-11am</td>
<td>Swimming Scheme Carols Under the COLA</td>
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<td>Week 10</td>
<td>Swimming Scheme</td>
<td>Swimming Scheme</td>
<td>PUPS 9-11am</td>
<td>Swimming Scheme Volunteers morning tea</td>
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<td>Week 11</td>
<td>PUPS 9-11am</td>
<td>PUPS 9-11am</td>
<td>Staff Development Day</td>
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Metford Public School P&C presents:

MPS Halloween Themed Disco
All Metford Public School students are invited to attend.
When: 30th October
Where: Metford PS School Hall
Time: 5-7pm (Please be prompt when picking up your child/children)
Dress up Halloween themed. Prizes for best girl & best boy costume!!

Important information:-

- **Only MPS students & volunteering adult helpers allowed in the hall during the disco.** (no high school / preschool children or non-volunteering adults allowed in the hall during the disco. Parent/Guardians must be 18+ are more than welcome to stay inside if volunteering)

- Children must bring a **completed permission slip** to the hall **ON THE NIGHT OF THE DISCO.** Please make sure a contact number is listed on the note.

**Rules for Attending the Disco:**
- Children will not engage in any activity that endangers either themselves or others. (No sliding, running or jumping in the hall)
- Children will not interfere with the property of others.
- Children will obey instructions given by the adults supervising the disco.

Children who choose to ignore these rules will be withdrawn from the disco and parents will be contacted to collect their children.

We need a **minimum of 8 volunteers** to have a successful disco. I am looking for a minimum 2 hour commitment. If you can spare some time, come along, help out & have some fun. Either Fill out the below slip & return to office or simply sms me on **0403407242** with your name/your childs name & class/ preferred start time 4:30, 5, 5:30.

Responsibilities include:
- Crowd control - Making sure all attendees are abiding by the rules set out above.
- Snack Shack – Helping to sell snacks/lollies/drinks etc.
- Setup/Pack away/cleaning

Look forward to seeing everyone there
Anissa Tuatara
P&C Fundraising Co-Ordinator
Mobile: 0403407242

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**Disco Permission Slip (to be brought to hall on night of disco)**

I give permission for my child/ren ________________________ Class __________
To attend Metford Public School Disco on **Thursday 30th October 2014**. I have discussed the rules with my child/ren.

Signed ________________________ Contact number: ________________________
(Parent/Guardian)

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**Parent Volunteer Note (please return to school office as soon as possible) or sms details to 0403407242**

I would like to be a parent volunteer at the disco on **Thursday 30th October 2014**

Child/ren’s name ________________________ Class __________
Preferred start time 4:30 / 5 / 5:30 (please circle)
Volunteer Name ________________________ Contact number ________________________
MILO in2CRICKET introduces girls and boys to Australia's favourite sport. It's fun, safe and teaches basic skills to help kids learn to play just like their Australian Cricket Heroes.

IN2CRICKET.COM.AU

MILO T20 BLAST GIVES GIRLS AND BOYS THE OPPORTUNITY TO PLAY FUN GAMES OF CRICKET IN AN ACTIVE AND SOCIAL SETTING, JUST LIKE THEIR BIG BASH LEAGUE HEROES!

It's loads of fun and everyone gets a go at developing their batting, bowling and fielding skills whilst playing in teams.

PLUS ALL KIDS RECEIVE A BONUS PLAYER PACK WHEN THEY REGISTER!

REGISTER TODAY AT T20BLAST.COM.AU